

WHITESIDE

Dr. George L.
WHITESIDE
Comprehensive Dentistry

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Porcelain Crowns **In Hours, Not Weeks!**

New technology creates crowns and inlays ...

In ONE Visit!



After much research, Dr. Whiteside has added the latest version of advanced technology.

CEREC 3D uses computerized precision to create porcelain crowns, inlays and onlays in just one visit. Patients who have experienced CEREC 3D are so pleased and shared comments such as:

"Not having to wear a temporary was wonderful. My beautiful crown was placed in one visit!"

"Just one appointment, one numbing, and my treatment was complete!"

Now, there is **NO** need for a second appointment to replace the temporary with the final restoration. Patients spend **LESS** time in treatment and have up to **50% LESS** numbing requirements. With CEREC, shade matching is precise with a look and feel that is uncompromised.



Actual Patient of Dr. Whiteside



After CEREC Crown

prepared tooth. Once entered into CEREC 3D, the patient relaxes as the porcelain crown or inlay is created and ready for immediate placement.



What is an inlay or onlay?

While a crown covers the entire top and sides of a tooth, an inlay or onlay is designed to merely replace a previous filling or replace a portion of the tooth removed due to decay or injury.



Actual Patient of Dr. Whiteside



After CEREC Inlay

When fillings need replacing (whether for personal preference, tooth repair, or esthetic enhancement), an all-porcelain inlay or onlay has many advantages.

These allow Dr. Whiteside to save as much of your natural tooth structure as possible, which may prevent the need for a full crown in the future. Yet, an inlay or onlay provides the same excellent track record for strength and longevity.

For more on CEREC 3D one-visit restorations (for yourself or someone you know), ask Dr. Whiteside or any staff member at your next visit or call (239) **936-3636** to receive more information.

Dr. Whiteside states, "This technology has many benefits for our patients while providing exceptional results in restorations."

CEREC (*Chairside Economical Restoration of Esthetic Ceramics*), features the latest in computerization. Dr. Whiteside uses its 3-D infrared camera to acquire data of height, width and depth needed for the

Additional Technology!

Dr. Whiteside provides the latest in dental technology and selects those with a proven track record and direct advantages to the patient in terms of comfort, quality and convenience. In addition to CEREC 3D, other advanced technology includes ...

DIGITAL X-RAYS

- ❖ Reduces exposure to radiation
- ❖ No developing time with instant on-screen images
- ❖ Enhanced images on monitor screen
- ❖ Magnifies selected areas to support early diagnosis
- ❖ Transfers easily to other doctors or insurance providers
- ❖ More comfortable than "bite wings"



Dr. Whiteside adds, "Reducing radiation exposure and saving patients time in the chair are tremendous benefits."

DIGITAL CAMERA IMAGES

Digital images provide an "up close", life-size view for patients. This enables them greater involvement in treatment preferences and ...

- ❖ Gives an accurate view of areas needing treatment or that are at risk
- ❖ Allows patients to pinpoint areas of concern
- ❖ Maintains a visual record of the mouth for future reference to monitor vulnerable areas.
- ❖ Provides specialists, lab techs, etc. a visual map to accompany Dr. Whiteside's instructions.

Dr. Whiteside states, "By giving patients the same view of their mouth that I have, they can be more involved in achieving a confident, healthy smile."

Additional Technology cont ...

LASER CRIES DETECTION

To detect decay in teeth, dentists previously relied on visual examination, probing teeth and viewing bite wing X-rays. These methods are only up to 60% effective. X-ray detection of decay on back teeth is particularly difficult until the decay is well into the tooth. The longer decay is present in the tooth, the more damage occurs.

Early treatment often helps patients avoid crowns needed to repair large cavities as well as root canals, saving patients both time and expense. For this reason, Dr. Whiteside uses a Laser Caries Detection System.

With 90-95% accuracy, Diagnodent uses laser fluorescence to scan grooves and cracks in teeth. A readout and an audible signal occur when decay is found.



Dr. Whiteside Completes Advanced Dental Implant Course

Dr. Whiteside recently completed advanced courses in implant dentistry. "Implant Infinity Symposium On Dental Implants" was held in Orlando and covered advancements in implant dentistry, including the latest techniques and technology.

During the symposium, Dr. Whiteside also gained the latest information on the "same day" implant, which provides immediate use of the replacement tooth or teeth. While most implant placement requires two surgeries, this technique eliminates the need for a second surgical

procedure and decreases time in treatment for patients.

Dental Implants are rapidly becoming the tooth replacement option of choice for American adults. They are secured by the jaw bone, just as natural teeth, and restore stability and comfort in chewing and speaking.

Dr. Whiteside explains, "Dental Implants are a lifetime solution for tooth replacement. Restoring chewing strength and smiling confidence adds enormously to one's overall quality of life."



Thank You for Referring Others!

It is always a pleasure to welcome new patients, especially those who come because of your recommendations. Thank you for your words of praise to others who desire confident smiles!

Grinding Away While You Sleep?

Nighttime teeth grinding is a habit of one-third of Americans and employs ten times the force of normal chewing. While it tends to disrupt restful sleep, grinding also contributes to loose teeth, headaches, pain in the temples and soreness in the jaw. For some, grinding can become so intense it wakes them up!

If the ridges on tooth surfaces look flat or you occasionally wake up with jaw soreness, you may be grinding your teeth while you sleep. To prevent upper teeth from rubbing against lower teeth, we can create a custom-made mouth guard. This

gives you an exact fit so it is comfortable for sleeping.

For many patients, we use the NTI Dental Appliance. Patients who experience headaches that result from strenuous clenching or teeth grinding during sleep often have immediate relief. The NTI fits comfortably over the two front, upper teeth and does not interfere with sleep.

If you suspect you are grinding your teeth at night, or perhaps hear grinding from your spouse, call our office at **936-3636** or mention your concerns to Dr. Whiteside at your next visit.

